



JANUARY | 2019

St. Bernadette

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
7 Grilled Cheese Carrots Tomato Soup Fresh Fruit Milk	8 Chicken Nuggets French Fries Fresh Fruit Popcorn Milk	9 Penne Pasta Green Beans Pears Garlic Bread Milk	10 Hot Dog/Bun Baked Beans Fresh Fruit Cookie Milk	11 Taco Pizza Salsa, Sour Cream Refried Beans Peach Cup Milk
14 Chicken Patty/Bun Lettuce, Tomato Celery Fresh Fruit Milk	15 Cheese Pizza Salad Strawberry Cup Sun Chips Milk	16 Meatball Sub Tomato Sauce Shredded Mozzarella Carrots Fresh Fruit Milk	17 ~Nachos~ Tortilla Chips Seasoned Beef Cheddar Cheese, Lettuce Black Beans Sour Cream, Salsa Applesauce Milk	18 French Toast Sticks Potato Tots Sausage Patty Banana Milk
21 No School 	22 Cheesy Breadsticks Marinara Carrots Strawberry Cup Milk	23 Hamburger Cheese, Lettuce, Tomato French Fries Pears Milk	24 Fettuccine Alfredo Salad Peaches Garlic Parmesan Breadstick Milk	25 Corn Dog Baked Beans Fresh Fruit Cookie Milk
28 Baked Potato Steamed Broccoli, Shredded Cheddar, Bacon, Sour Cream Applesauce Sun Chips Milk	29 Popcorn Chicken Salad Diced Egg & Cheese Chick Peas Peach Cup Sun Chips Milk	30 Lasagna Roll Green Beans Fresh Fruit Garlic Bread Milk	31 Smorgasbord Veggies Fruit Milk	1 Family Lunch No Cafeteria Service

News

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup of vegetable or fruit with each lunch.

Please send lunch money with your student on Mondays, or the first day school is in session for the week

Lunches are \$2.75 each. We accept cash, or checks payable to St. Bernadette Cafeteria

1 Lunch \$2.75	6 Lunches \$16.50
2 Lunches \$5.50	7 Lunches \$19.25
3 Lunches \$8.25	8 Lunches \$22.00
4 Lunches \$11.00	9 Lunches \$24.75
5 Lunches \$13.75	10 Lunches \$27.50

Extra entrée is .75
Milk is .50

This institution is an equal opportunity provider