



# SEPTEMBER | 2017

## St. Bernadette School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Lucky Charms Cereal Hard Cooked Egg Cantaloupe Potato Tots Fruit Juice Milk
<b>4</b> Labor Day No School	<b>5</b> Cheesy Bread Sticks Marinara Sauce Salad Fresh Fruit Milk	<b>6</b> Beef Quesadilla Lettuce/Salsa/Sour Cream Black Beans Strawberry Cup Milk	<b>7</b> Mini Corndogs Celery/Cucumbers Fresh Fruit Popcorn Milk	<b>8</b> Fish Sandwich Crinkle Cut Fries Peach Cup Vanilla Pudding Milk
<b>11</b> Cheese Pizza Salad Pears Sun Chips Milk	<b>12</b> ~Walking Taco~ Doritos Seasoned Beef, Cheddar Cheese, Sour Cream, Salsa, Black Beans, Lettuce, Fresh Fruit Milk	<b>13</b> Baked Potato Steamed Broccoli, Shredded Cheese, Bacon, Sour Cream Applesauce Garlic Bread Milk	<b>14</b> Baked Penne Pasta Tomato Sauce with Ground Beef Green Beans Fresh Fruit Garlic Bread	<b>15</b> Chicken Nuggets Carrots Fresh Fruit Cookie Milk
<b>18</b> Lucky Charms Cereal Hard Cooked Egg Fresh Fruit Potato Tots Fruit Juice Milk	<b>19</b> Grilled Cheese Tomato Soup Green Beans Applesauce Milk	<b>20</b> ~Nachos~ Tortilla Chips Seasoned Beef Cheddar Cheese, Lettuce Refried Beans Sour Cream, Salsa Strawberry Cup Milk	<b>21</b> Meatball Sub Tomato Sauce Shredded Mozzarella Steamed Broccoli Fresh Fruit Milk	<b>22</b> Cinnamon French Toast Sticks Potato Tots Sausage Patty Banana Milk
<b>25</b> Chicken Tenders Salad/ Diced Egg & Cheese Chickpeas Peaches Garlic Bread Milk	<b>26</b> ~Taco Pizza~ Seasoned Beef Cheddar Cheese Shredded Lettuce Diced Tomatoes Fresh Fruit Sherbet Milk	<b>27</b> Hot Dog/Bun Corn Pears Cheetos Cheese Curls Milk	<b>28</b> Smorgasbord Veggies Fruit Milk	<b>29</b> Chicken Nuggets Carrots/Tri Color Peppers Fresh Fruit Popcorn Milk

### News

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup of vegetable or fruit with each lunch.

Lunches are \$2.75 each.  
We accept cash, or checks payable to  
St. Bernadette Cafeteria

1 Lunch \$2.75	6 Lunches \$16.50
2 Lunches \$5.50	7 Lunches \$19.25
3 Lunches \$8.25	8 Lunches \$22.00
4 Lunches \$11.00	9 Lunches \$24.75
5 Lunches \$13.75	10 Lunches \$27.50

Extra entrée is .75  
Milk is .50

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and employer**