



# NOVEMBER | 2017

## St. Bernadette School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	October 31 Smorgasbord Crinkle Cut Fries Fruit Milk	1 Lucky Charms Cereal Potato Tots Banana Strawberry Yogurt Hard Cooked Egg Milk	2 ~Walking Taco~ Doritos Seasoned Beef, Cheddar Cheese, Sour Cream, Salsa, Black Beans, Lettuce, Fresh Fruit Milk	3 Hot Dog/Bun Carrots/Broccoli Fresh Fruit Sun Chips Milk
6 Chicken Tenders Salad Diced Egg & Cheese Chickpeas Strawberry Cup Chex Mix Milk	7 Grilled Cheese Tomato Soup Green Beans Applesauce Milk	8 Chicken Nuggets Corn Fresh Fruit Chocolate Chip Cookie Milk	9 Baked Penne Pasta Tomato Sauce with Ground Beef Cucumbers Fresh Fruit Garlic Bread Milk	10 Pepperoni Calzone Steamed Broccoli Pears Popcorn Milk
13 Cheese Pizza Celery Fresh Fruit Sun Chips Milk	14 Baked Potato Steamed Broccoli, Shredded Cheese, Bacon, Sour Cream Strawberry Cup Garlic Bread Milk	15 Beef Quesadilla Sour Cream/Salsa Vegetarian Beans Peaches Frozen Yogurt Milk	16 ~Thanksgiving Lunch~ Roasted Turkey Mashed Potatoes Fresh Fruit Stuffing Pumpkin Dessert Dinner Roll Milk	17 No School ☺
20 French Toast Sticks Potato Tots Sausage Patty Banana Milk	21 Smorgasbord Veggies Fruit Milk	22 Thanksgiving	23 Break	24 
27 Cheesy Breadsticks Marinara Sauce Salad Fresh Fruit Milk	28 ~Nachos~ Tortilla Chips Seasoned Beef Cheddar Cheese, Lettuce Refried Beans Sour Cream, Salsa Fresh Fruit Milk	29 Meatball Sub Tomato Sauce Shredded Mozzarella Steamed Broccoli Peaches Milk	30 Corn Dog Crinkle Cut Fries Fresh Fruit Popcorn Milk	

### News

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup of vegetable or fruit with each lunch.

Lunches are \$2.75 each.  
We accept cash, or checks payable to  
St. Bernadette Cafeteria

1 Lunch \$2.75	6 Lunches \$16.50
2 Lunches \$5.50	7 Lunches \$19.25
3 Lunches \$8.25	8 Lunches \$22.00
4 Lunches \$11.00	9 Lunches \$24.75
5 Lunches \$13.75	10 Lunches \$27.50

Extra entrée is .75  
Milk is .50

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opportunity provider  
and employer**