



OCTOBER | 2018

S Bernadette School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hamburger/Bun Cheese/Lettuce/Tomato Carrots/Tri Color Peppers Pears Milk	2 Corn Dog Crinkle Cut Fries Fresh Fruit Milk	3 ~Nachos~ Tortilla Chips Seasoned Beef Cheddar Cheese, Lettuce Black Beans Sour Cream, Salsa Applesauce Milk	4 Lasagna Roll Salad Fresh Fruit Garlic Bread Milk	5 Cheese Pizza Celery/Cucumbers Fresh Fruit Milk
8 Meatball Sub Tomato Sauce Shredded Mozzarella Carrots Fresh Fruit Milk	9 Chicken Nuggets Cauliflower Fresh Fruit Goldfish Crackers Milk	10 Smorgasbord Veggies Fruit Milk	11 Fair 	12 Days 
15 Chicken Patty/Bun Lettuce/Tomato Broccoli/Celery Fresh Fruit Milk	16 Baked Penne Pasta Tomato Sauce with Ground Beef Garlic Bread Salad Fresh Fruit Milk	17 Grilled Cheese Carrots Tomato Soup Fresh Fruit Milk	18 Hot Dog/Bun Crinkle Cut Fries Fresh Fruit Milk	19 French Toast Sticks Potato Tots Sausage Patty Banana Milk
22 Popcorn Chicken Salad Diced Egg & Cheese Chick Peas Applesauce Milk	23 Corn Dog Crinkle Cut Fries Fresh Fruit Milk	24 Tangerine Chicken Steamed Rice Broccoli Pineapple Fortune Cookie Milk	25 Fettuccine Alfredo Salad Fresh Fruit Breadstick Milk	26 Cheesy Breadsticks Marinara Sauce Green Beans Fresh Fruit Milk
29 Baked Potato Steamed Broccoli, Shredded Cheese, Bacon, Sour Cream Pears Garlic Bread Milk	30 Chicken Nuggets Corn Fresh Fruit Sun Chips Milk	31 Taco Pizza Salsa/Sour Cream Refried Beans Applesauce Milk		

News

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup of vegetable or fruit with each lunch.

Please send lunch money with your student on Mondays, or the first day school is in session for the week

Lunches are \$2.75 each.

We accept cash, or checks payable to St. Bernadette Cafeteria

- 1 Lunch \$2.75 6 Lunches \$16.50
- 2 Lunches \$5.50 7 Lunches \$19.25
- 3 Lunches \$8.25 8 Lunches \$22.00
- 4 Lunches \$11.00 9 Lunches \$24.75
- 5 Lunches \$13.75 10 Lunches \$27.50

Extra entrée is .75
Milk is .50

This institution is an equal opportunity provider