



School Information:

Front Office: 740-654-3137

Principal: jomiller2@cdeducation.org

Secretary: bhuber@cdeducation.org

Cafeteria Manager: jschorr@cdeducation.org

ALL LUNCHES INCLUDE FRESH FRUIT & SALAD BAR, NON-FAT CHOCOLATE MILK OR 1% WHITE MILK.

Every item we serve meets or exceeds the strict USDA requirements for school nutrition. A complete lunch consists of Protein (meat/meat alternative), Grain, Fruit, Vegetable, & Milk. Students are encouraged to take ALL five components of a complete lunch but they MUST take at least three components with at least one of those being a fruit or vegetable.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily Alternate Lunch

- Options:**
- PB&J Uncrustable on WW Bread (includes WG Goldfish Crackers & String Cheese)
 - Chef Salad (includes WG Goldfish Crackers, & Croutons)



We will celebrate all September Birthday's on the 1st Friday of the month with fresh baked chocolate chip cookies in the Cafeteria!

- Soft Pretzel – WG
- Cheese Cup
- Yogurt
- Baby Carrots
- Salad
- Fruit

1

Labor Day

4

NO SCHOOL

- Chicken Nuggets - WG
- Green Beans
- Salad
- Fruit

5

- Pepperoni Pizza - WG
- Roasted Broccoli
- Salad
- Fruit

6

- BRUNCH FOR LUNCH**
- Egg & Cheese Omelet
 - Cinnamon Roll – WG
 - Potato Rounds
 - Salad
 - Fruit

7

- Baked Mac & Cheese
- Breadstick – WG
- Peas
- Salad
- Fruit

8

- Ham & Cheese Calzone
- Green Beans
- Salad
- Fruit

11

- Cheeseburger on WG Bun
- Baked Beans
- Salad
- Fruit

12

- Cheese Pizza on WG Crust
- Buttered Corn
- Salad
- Fruit

13

- Hotdog on WG Bun
- Sweet Potato Fries
- Salad
- Fruit

14

- Cheesy Garlic Bread –WG
- Roasted Broccoli
- Salad
- Fruit

15

- Fish Sticks
- Tater Tots
- Salad
- Fruit

18

- BRUNCH FOR LUNCH**
- Chicken & Waffles
 - Sweet Potato Fries
 - Salad
 - Fruit

19

- Pepperoni Pizza – WG
- Roasted Broccoli
- Salad
- Fruit

20

- Taco in a Bag w/WG Fritos
- Black Beans
- Salad
- Fruit

21

- Spaghetti w/Meat Sauce
- Garlic Bread – WG
- Green Beans
- Salad
- Fruit

22

- Corndog – WG
- Baked Beans
- Salad
- Fruit

25

- Chicken Nuggets – WG
- Green Beans
- Salad
- Fruit

26

- Cheese Pizza on WG Crust
- Baby Carrots
- Salad
- Fruit

27

- Hot Ham & Cheese on a WG Pretzel Bun
- Roasted Broccoli
- Salad
- Fruit

28

- BRUNCH FOR LUNCH**
- Pancakes & Sausage
 - Potato Rounds
 - Salad
 - Fruit

29