

B

SEPTEMBER | 2022



St. Bernadette School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 29 | 30 | 31 | 1 BREAKFAST FOR LUNCH Lucky Charms Hashbrown Yogurt Fresh Fruit Milk | 2 SEPTEMBER BIRTHDAY TREAT Strawberry Shortcake Grilled Cheese w/WG Bread Tomato Soup Carrots & Celery w/Dip Mandarin Oranges Milk |
| 5 LABOR DAY NO SCHOOL | 6 FIESTA CHICKEN BOWL Fajita Chicken w/Salsa Rice & Queso Cheese Refried Beans Fresh Fruit Milk | 7 Pepperoni Pizza Broccoli Applesauce Milk | 8 Chicken Patty Sandwich on WG Bun Green Beans Peaches Milk | 9 Alfredo Pasta Bake WG Breadstick Peas Fresh Fruit Milk |
| 12 BREAKFAST FOR LUNCH Sausage, Egg & Cheese Hashbrown Bowl Yogurt Fresh Fruit Milk | 13 Ham & Cheese Calzone Green Beans Applesauce Milk | 14 Cheese Pizza Broccoli Fresh Fruit Milk | 15 Beef Quesadilla Salsa/Sour Cream Black Beans Fruit Cocktail Milk | 16 Fish Sandwich Cheese/Lettuce/Tartar Sauce Sweet Potato Fries Fresh Fruit Milk |
| 19 POPCORN CHICKEN BOWL Popcorn Chicken Mashed Potatoes w/Gravy, Corn & Shredded Cheese WG Dinner Roll Fresh Fruit Milk | 20 Corndog Baked Beans Fresh Fruit Jell-O w/whipped topping Milk | 21 Pepperoni Pizza Green Beans Fresh Fruit Milk | 22 Hamburger or Cheeseburger Sandwich on WG Bun Lettuce/Tomato Pickle Spear Broccoli Fresh Fruit Milk | 23 Pillsbury Italian Cheesy Pull-Apart Bread w/Marinara Carrots w/Dip Applesauce Milk |
| 26 Chicken Nuggets Potato Smiles Fresh Fruit Milk | 27 Hotdog Sandwich on WG Bun Baked Beans Peaches Milk | 28 Meatball Sub on WG Bun Green Beans Fresh Fruit Milk | 29 BREAKFAST FOR LUNCH Chicken & Waffles Syrup Cup Sweet Potato Fries Fresh Fruit Milk | 30 Cheese Pizza Romaine Salad w/Grape Tomato Fresh Fruit Milk |

News

Student Lunch \$3.00
Adult Lunch \$3.25 w/o milk
Extra Entrée \$1.00
Milk/Bottled Water .50

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Lunch consists of a meat/meat alternative, vegetable (s), fruit, grain, and milk. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup vegetables or fruit as part of their complete lunch.

Menu subject to change

PLEASE ADD MONEY TO YOUR STUDENTS LUNCH ACCOUNT ON OUR EZ SCHOOL LUNCH APP.

This institution is an equal opportunity provider.