

APRIL 2024

Saint Bernadette Catholic School

DAILY ALTERNATE LUNCH OPTION:

PB&J Sack Lunch (includes Uncrustable on Whole Wheat Bread, WG Goldfish Crackers, Low-fat string cheese, Raisins, and Milk)

			ATTA .		SA SA	
	Monday	Tuesday	Wednesday	Thursday	Friday	
		BRUNCH FOR LUNCH 2	3	4	APRIL BIRTHDAY TREAT! 5	
	EASTER MONDAY NO SCHOOL	French Toast Sticks – WG Sausage Patty Hashbrown Salad 100% Fruit Juice Cup	Domino's Smart Slice Pizza - WG Green Beans Salad Fruit Slushie Cup	Hotdog on WG Bun Baked Beans Salad Fresh Fruit	Cheesy Garlic French Bread – WG Marinara Sauce Oven Roasted Broccoli Salad Fresh Fruit	
	A STATE OF THE STA	À		MENY	-	
	NO SCHOOL	Fish Sticks Tater Tots Salad Fresh Fruit	Domino's Smart Slice Pizza - WG Green Beans Salad Fruit Slushie Cup	Hot Ham & Cheese on a Pretzel Bun Baked Beans Salad Fresh Fruit	Grilled Cheese – WG Tomato Soup Salad Fresh Fruit	
7	15	14	17	10	10	E
)	Cheese Quesadilla – WG Salsa/Sour Cream Black Beans Salad Fresh Fruit	Chicken Nuggets – WG Green Beans Salad Fresh Fruit	Domino's Smart Slice Pizza – WG Oven Roasted Broccoli Salad Fruit Slushie Cup	Oven Baked Chicken Wings WG Biscuit Potato Smiles Salad Fresh Fruit	Cheese Bagel Bites Baby Carrots w/dip Salad Fresh Fruit	
	BRUNCH FOR LUNCH	22	24	25	24	60
	Chicken & Waffles - WG Syrup Cup Sweet Potato Fries Salad Fresh Fruit	Corndog – WG Green Beans Salad Fresh Fruit	Domino's Smart Slice Pizza – WG Corn Salad Fruit Slushie Cup	Hamburger on WG Bun (Cheese/Lettuce/Tomato/Pickle) Baked Beans Salad Fresh Fruit	Baked Mac & Cheese WG Breadstick Steamed Broccoli Salad Fresh Fruit	
	Chicken Nuggets Oven Baked Fries Salad Fresh Fruit	Taco in a Bag (WG Fritos, low sodium taco meat, cheese, salsa & sour cream) Black Beans Salad Fresh Fruit				ASSA MARINA

ALL LUNCHES INCLUDE FRESH FRUIT & VEGGIE BAR, NON-FAT CHOCOLATE MILK OR 1% WHITE MILK.

Every item we serve meets or exceeds the strict USDA requirements for school nutrition. A complete lunch consists of Protein (meat/meat alternative). Grain (must be at least 80% whole grain for the week), Fruit, Vegetable, and Milk. Students are encouraged to take ALL five components of a complete lunch, but they MUST take at least three components with at least one of those being a fruit or vegetable.