



FEBRUARY 2024

Saint Bernadette Catholic School

DAILY ALTERNATE LUNCH OPTION:
PB&J Sack Lunch (includes Uncrustable on Whole Wheat Bread, WG Goldfish Crackers, Low-fat string cheese, Craisins, and Milk)

Monday

Tuesday

Wednesday

Thursday

Friday

BRUNCH FOR LUNCH

5

French Toast Sticks – WG
Sausage
Hashbrown
Salad
Fresh Fruit

Chicken Patty Sandwich on WG Bun
Sweet Potato Tots
Salad
Fresh Fruit

Pizza Bagels - WG
Buttered Corn
Salad
Fresh Fruit

Spaghetti w/meat sauce – WG Pasta
WG Garlic Breadstick
Green Beans
Salad
Fresh Fruit

Cheesy Garlic French Bread -WG
Marinara Sauce
Oven Roasted Broccoli
Salad
Fresh Fruit

Chicken Nuggets – WG Breading
Green Beans
Salad
Fresh Fruit

King Cake Pancakes - WG
Turkey Bacon
Potato Smiles
Salad
100% Fruit Juice Cup

Cheese Pizza – WG Crust
Oven Roasted Broccoli
Salad
Fresh Fruit

Fish Sticks
Baked Mac & Cheese – WG Pasta
Peas
Salad
Fresh Fruit

NO SCHOOL

NO SCHOOL

Ham & Cheese Calzone - WG
Carrots & Celery w/Dip
Salad
Fresh Fruit

Pepperoni Pizza – WG Crust
Green Beans
Salad
Fresh Fruit

Taco in a Bag w/WG Fritos
Salsa/Sour Cream
Black Beans
Salad
Fresh Fruit

Fish Sandwich on WG Bun
Tater Tots
Salad
Fresh Fruit

BRUNCH FOR LUNCH

26

Chicken and Waffles - WG
Sweet Potato Fries
Salad
100% Fruit Juice Cup

Cheeseburger on WG Bun
Baked Beans
Salad
Fresh Fruit

Cheese Pizza – WG Crust
Green Beans
Salad
Fresh Fruit

Chicken Wings
WG Biscuit
Potato Smiles
Salad
Fresh Fruit



ALL LUNCHEES INCLUDE FRESH FRUIT & VEGGIE BAR, NON-FAT CHOCOLATE MILK OR 1% WHITE MILK.

Every item we serve meets or exceeds the strict USDA requirements for school nutrition. A complete lunch consists of Protein (meat/meat alternative), Grain (must be at least 80% whole grain), Fruit, Vegetable, and Milk. Students are encouraged to take ALL five components of a complete lunch but they MUST take at least three components with at least one of those being a fruit or vegetable.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER



Visit EZSchoolapps.com/login/parent to add funds to your student(s) lunch account.