



JANUARY | 2022

St. Bernadette School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4 Ham & Cheese Calzone Green Beans Fruit Milk	5 Chicken Nuggets Carrots Fresh Fruit Milk	6 Hamburger/Bun Lettuce/Tomato French Fries Mandarin Oranges Milk	7 Cheese Pizza Salad Fresh Fruit Milk
10 ~Pizza Sub~ Salami, Pepperoni, Provolone Pizza Sauce Cucumbers/Celery Fresh Fruit Milk	11 Chicken Soft Taco Lettuce/Salsa/Sour Cream Refried Beans Pears Milk	12 Pasta Alfredo Salad Fresh Fruit Milk	13 Corn Dog Corn Fresh Fruit Milk	14 Grilled Cheese Tomato Soup Carrots Applesauce Milk
17 Martin Luther King Jr. Day	18 Hot Dog Baked Beans Fresh Fruit Milk	19 Pepperoni Calzone Green Beans Fresh Fruit Milk	20 Spaghetti and Meatballs Salad Peaches Milk	21 Fish Sandwich Cheese/Lettuce/Tartar Sauce French Fries Fresh Fruit Milk
24 Baked Penne Pasta Salad Fresh Fruit Milk	25 French Toast Sticks Sausage Hash Brown Fresh Fruit Milk	26 Chicken Patty Sandwich Lettuce/Tomato Celery/Cucumbers Fresh Fruit Milk	27 Beef Soft Taco Lettuce/Salsa/Sour Cream Black Beans Applesauce Milk	28 Cheesy Breadsticks Pizza Sauce Red/Orange Peppers Fresh Fruit Milk
31 Chicken Nuggets Carrots Fresh Fruit Milk	1	2	3	4

News

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup of vegetable or fruit with each lunch.

Lunches are \$3.00 each. We accept cash, or checks payable to St. Bernadette Cafeteria

Please send lunch money for the week with your student on Mondays, or the first day school is in session for the week

This institution is an equal opportunity provider