

SEPTEMBER | 2021

Saint Bernadette School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1	2	3
	7 Chicken Nuggets Carrots/Celery Fresh Fruit Sun Chips Milk	8 Hamburger/Bun Lettuce/Tomato French Fries Pears Milk	9 Beef Tostada Seasoned Ground Beef Cheese Black Beans Salsa Lettuce Applesauce Milk	10 Cheese Pizza Salad Fresh Fruit Milk
13 Choice of Chicken or Beef Quesadilla Salsa/Sour Cream Cucumbers/Cauliflower Fruit Milk	14 Pepperoni Calzone Red/Orange Peppers Fresh Fruit Milk	15 Chicken Patty/Bun Lettuce/Tomato Broccoli Fresh Fruit Milk	16 Corn Dog Baked Beans Fresh Fruit Milk	17 Lucky Charms Cheese Omelet Hash Brown Banana Milk
20 Choice of Ham/Cheese Calzone or Taco Pizza Veggies Fruit Milk	21 Breakfast Pizza Cucumbers/Celery Raspberry Lemon Slushie Milk	22 Hot Dog French Fries Applesauce Milk	23 Tangerine Chicken Steamed Rice Stir Fry Vegetables Fresh Fruit Milk	24 Cheesy Breadsticks Pizza Sauce Carrots Fresh Fruit Milk
27 Choice of Chicken Nuggets Or Corn Dog Green Beans Fruit Milk	28 French Toast Sticks Sausage Hash Brown Banana Milk	29 Chicken Tostada Salsa/Sour Cream Black Beans Fresh Fruit Milk	30 ~Italian Sub~ Ham/Salami/Pepperoni Provolone Cheese/Lettuce Salad Fresh Fruit Milk	1 Grilled Cheese Tomato Soup Red Peppers Applesauce Milk

News

Meals are prepared to meet the meal pattern guidelines for the National School Lunch Program. Three of the five components offered must be selected to make a complete meal. Each student must take at least ½ cup of vegetable or fruit with each lunch.

Lunches are \$3.00 each. We accept cash, or checks payable to St. Bernadette Cafeteria

Please send lunch money for the week with your student on Mondays, or the first day school is in session for the week

This institution is an equal opportunity provider